



## 2026 AASCF DANCE IMAGE POLICY

Revised 18<sup>th</sup> February 2026 (V1)  
Changes to 2025 in *Red*

See AASCF Dance Deductions System for corresponding deductions for each of the listed items below.

### 1. COVER-UP GUIDELINES

1.1 All athletes must wear a suitable cover-up at all times, ensuring the midriff is covered. *Exception: Dancers may remove cover-up to attend designated warm up and performance times.*

### 2. CHOREOGRAPHY, MUSIC & COSTUMING VIOLATION (As defined by IASF Dance Rules)

2.1 Suggestive, offensive, or vulgar choreography, costuming, makeup and/or music are inappropriate for family audiences and therefore lack audience appeal. Regarding costuming this includes underwear worn as outerwear, suspender belts, etc.

2.2 Routine choreography must be appropriate and entertaining for all audience members. Vulgar or suggestive material is defined as any movement or choreography implying something improper or indecent, appearing offensive or sexual in content, and/or relaying lewd or profane gestures or implications. References in music must be age appropriate for the age division.

2.3 Teams may not compromise the integrity of the performance surface. (Examples: Residue from sprays, powders, oils, etc.).

2.4 Use of fire, noxious gases, live animals, and other potentially hazardous elements are strictly prohibited.

2.5 Inappropriate choreography, costuming and/or music may also affect the judges' overall impression and/or score of the routine.

2.6 All costuming, makeup and choreography must be age appropriate and acceptable for family audiences. What is considered "age-appropriate" may evolve with societal norms and varies according to cultural context, dance style, and performance intent. However, there are core principles that guide this determination:

2.6.1 Coverage: Costumes must provide adequate coverage for the dancer's age group, particularly for children and pre-teens. Exposed midriffs, low-cut tops, high-cut shorts, sheer & PVC fabrics are not suitable for young dancers & are not permitted in the Tiny & Mini divisions.

2.6.2 AASCF will apply a 12-month grace period to assist with the transition.

2.7 All costuming must be secure and offer full coverage of body parts appropriate for family viewing. Costume malfunctions resulting in team members being exposed may be grounds for disqualification. Appropriate undergarments must be worn for modesty.

2.8 Footwear is required. Partial sole shoes are acceptable. Performing in socks and/or footed tights, high heels, roller skates, roller blades or any other footwear that is inappropriate for the sport is prohibited. If in doubt, please consult your Event Provider directly for approval.

2.9 Jewellery as a part of the costume is allowed.



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- 2.10 No cheers or chants are allowed.
- 2.11 Music violations for inappropriate content will result in an automatic deduction with no warning, as this is considered a preventable infraction.