BRINGING THE ENERGY WITH A FUN, FRIENDLY AND HONOURABLE COMPETITION EXPERIENCE

AUSSIE GOLD CHEER & DANCE

2026 EVENTS

Information Pack

STATE CHAMPIONSHIPS

NATIONAL CHAMPIONSHIPS

PAN PACIFIC CUP
INTERNATIONAL CHAMPIONSHIPS

WELCOME TO AUSSIE GOLD

With overwhelming excitement, we are proud to provide five Aussie Gold events across Australia in 2026. At Aussie Gold, it's all about YOU. We're here to deliver a personalised, high-energy event experience that keeps athletes engaged and excited.

NEW FOR 2026

- Collaboration with AASCF Scoring and Rules
- Medals awarded up to 5th place for all divisions
- Trading Tag Station
- All divisions of 10 or more will now be split
- Coaches room (at venues that can accommodate)
- MORE Bids to Japan & New Zealand

WHAT'S RETURNING?

- Free professional Photos & Videos for all teams
- Hit Zero badges for every athlete that hits zero
- Highly trained, knowledgeable and independent judging panels
- Fun & friendly event staff willing to assist you
- Participation collectable Tags
- A gift for all athletes at Aussie Gold International and National events
- Sensory room (where venues can accommodate)
- Coaches communication platform
- VIP Room

AUSSIE GOLD
STATE CHAMPIONSHIPS

NSW 1/2 AUG - QUAY CENTRE • WA 8/9 AUG – PERTH HIGH PERFORMANCE CENTRE • VIC 7/8 NOV - STATE BASKETBALL CENTRE

Aussie Gold State Championships. The purple party!
Compete against your state for the ultimate titles in the battle for GOLD!

Bid Event - Be in it to win! At every State Championship, we're awarding bids to all Grand Champion winning teams. These bids secure a spot in the CHEERSPORT NEW ZEALAND EVENT – THE CHEER FACTOR. Check out the bid info page for more details.

- Spot prizes and interactive competitions throughout the event
- Event Day communication platform
- VIP Gold Room AND additional coaches space where venues can accommodate
- Collectable tags, wear, display and trade at the NEW trade station
- Grand Champion sashes
- Grand Champion Tags available to purchase
- Team awards
- Medals awarded up to 5th placing

SPECTATOR TICKETS

TICKET	1 DAY PASS
Under 4	FREE
Kids 5-17 yrs	$25
Concessions & Pension (ID required)	$25
Adults 18 yrs +	$30

AUSSIE GOLD

PAN PACIFIC CUP INTERNATIONAL CHAMPIONSHIPS

QLD 21/22/23 AUG - GOLD COAST SPORTS AND LEISURE CENTRE

The ONLY event with an ultimate CHAMPION! One Cheer & Dance team will take home the GOLDEN TROPHY and earn the title of Ultimate Pan Pacific Grand Champion.

With over 300 international athletes in attendance, we offer an exclusive cultural exchange experience and workshops, your teams will spend an unforgettable weekend in Australia's iconic Gold Coast, making memories that last a lifetime.

Miss Dance Drill Team INTL Japan

MDDTJ DANCE DRILL SPRING CARNIVAL BIDS (DANCE ONLY) – Exclusive to Aussie Gold, your chance to experience Japan's dance scene and culture.

WORLDS BID EVENT – The battle of the bids begins at PPC!

THE CHEERLEADING WORLDS

THE DANCE WORLDS

AUSSIE GOLD CHEER & DANCE

- Medals awarded up to 5th placing for all divisions
- Coaches Area & Live feed
- Collectable participation tags for all athletes plus NEW trade station, wear it, display it or add them to your cheer bag!
- Grand Champion sashes, all our Grand Champion winning teams will strut their stuff in our Grand Champion Sashes
- Free cultural exchange and dance workshops
- International BIDS!
- Team Awards! - take home on the day!

SPECTATOR TICKETS

TICKETS	1 DAY PASS	EVENT PASS (ALL DAYS)
PAN PACIFIC CUP INTERNATIONAL CHAMPIONSHIPS		
UNDER 4	FREE	FREE
CHILD 5-17YRS	$30	$85
CONCESSIONS & PENSION (ID REQUIRED)	$30	$85
ADULT	$35	$95

AUSSIE GOLD
NATIONAL CHAMPIONSHIPS

SA 24/25 OCTOBER - ADELAIDE ENTERTAINMENT CENTRE

Be a part of the action for your chance to win an Aussie Gold National title! Two full days of spectacular production and unforgetable performances as cheer and dance teams from across Australia take the floor at the stunning Adelaide Enetertainment Centre.

Bid Event – Your chance to win a bid to The Summit, Youth Summit and Dance Summit! The most competetive NON-Worlds cheer and dance vent in the USA.

- Medals awarded up to 5th placing for all divisions
- Collectable participation tags for all athletes plus NEW trade station, wear it, display it or add them to your cheer bag!
- Grand Champion sashes, all our Grand Champion winning teams will strut their stuff in our Grand Champion Sashes & have the chance to purchase a Collectable Grand Champ Tag
- International BIDS!
- Team Awards! - take home on the day!

SPECTATOR TICKETS

TICKETS – NATIONAL CHAMPIONSHIPS	1 DAY PASS	2 DAY PASS
UNDER 4	FREE	FREE
KIDS 5-17 YRS	$30	$55
CONCESSIONS & PENSIONERS (ID REQUIRED)	$30	$55
ADULT	$35	$65

REGISTRATION

HOW TO REGISTER
Registration is via the Hit Zero Online platform. Please refer to the Hit Zero online instructions when registering, there is a help and support section on the site for further assistance.

EVENT SCHEDULE & AMENDMENTS
Draft 1 of the schedule will be released no later than 2-weeks post-closing date. All entries must be registered and paid for before the closing date to qualify for the early bird rate. Division changes are not permitted after draft 2. Portals will be open for athlete amendments 1 week prior to the event. Events span 2-3 days, teams should be prepared to be scheduled for any of these days.

INSURANCE
It is a condition of entry that Clubs/Schools have Personal Accident Insurance for each athlete entering an Aussie Gold Event. In the event of an injury, claims must be made through the Club/School's insurance policy. It is essential that all gyms check their current insurance to ensure you are covered for all external events and not just activities within your own premises.

CONDITIONS
- Each Athlete/Team can only compete once per category and never compete against themselves
- Abide by crossover rules, out of age policy, substitution policy and Image Policy
- Teams must meet minimum numbers when registering. If not, you may still enter but will need to pay the minimum required athletes
- Athletes perform at their own risk
- All teams, programs, coaches and advisors should have an emergency response plan in the event of an injury and know where first aid is at each competition
- Scholastic or University Teams cannot register under an All-Star program. A separate club must be registered on Hit Zero
- Partner Stunt & Dance Duo athletes must be registered with a competing team at the same event to be eligible to compete in the partner stunt or dance duo divisions

GYM OWNERS, COACHES & TEAMS
- Gym Owners will be issued complimentary event accreditation
- Up to two coaches per team will be issued a complimentary event accreditation
- Coaches much be registered in Hit Zero and assigned to a team for each event to receive accreditation
- All Gym Owners, Coaches and Team Officials must have a valid WWCC or equivalent unless under the age of 18
- School Teachers are not required to have a WWCC but must provide their teacher's number
- A valid IASF coach credential number must be provided for all cheer coaches to the equivalent level of their competing team
- Gym Owners & Dance Coaches are not required to have IASF/ICU credentials
- Carer accreditations may be requested in writing, based on medical/support required
- Gym Owners and Coaches should direct any procedural concerns or queries to the Event Manager

PARENT / ATHLETE AGREEMENT
All athletes are required to compete the Aussie Gold Parent/Athlete Agreement, signed by a parent / guardian (or self if over 18). Assistants and non-adaptive athletes must be registered for the competition and must have completed an agreement.

Agreements are completed online via Hit Zero and must be submitted before the event to participate.

CATEGORIES

AGE GRIDS | DIVISIONS | LEVELS | CROSSOVERS

AGE ELIGIBILITY

- Determined by the birth years listed on the official age grid
- Teams competing in an IASF sanctioned division must follow the IASF Age Grid for the IASF World Championship. Any team pursing a Worlds bid must comply fully with IASF rules. IASF divisions at Worlds require a minimum of 16 athletes
- Teams attending international competitions are responsible for ensuring all athletes meet the age and division requirements of that specific event
- Clubs using crossover athletes must comply with Aussie Golds Crossover policy

CROSSOVERS – CHEER

An athlete can crossover to up to two additional teams from their gym. They can compete on one team and two more, additional fees apply.

An athlete cannot crossover between different cheer programs in the same event. Exception: If their gym has no level 6 team, they can cross over to another gyms level 6 team. Partner Stunt can crossover between cheer programs with written consent from both gyms, registration and entry fee rules apply.

Athletes can compete for one cheer program and a different dance program; two separate entry fees apply.
Athletes can compete on both a school team and an all-star team; two separate entry fees apply.
Athletes cannot compete against themselves in the same division.

LEVEL (INCLUDES NT)	ALLOWABLE CROSSOVERS
Novice / Prep	Level 1, 1NT
CheerStars 1 / Level 1 / 1NT	Level 2, 2NT, 3, 3NT
CheerStars 2 / Level 2 / 2NT	Level 3, 3NT 4.2, 4, 4NT
CheerStars 3 / Level 3 / 3NT	Level 4.2, 4, 4NT, 5, 5NT
Level 4.2	Level 4, 5, 6
CheerStars 4 / Level 4 / 4NT	Level 5, Level 6, Level 7 (exception)
CheerStars 5 / Level 5 / 5NT	Level 6, Level 7
Level 6 / 6NT	Level 7

CROSSOVERS – DANCE

Dancers can compete in multiple routines but cannot compete against themselves in the same division.
An athlete cannot crossover between different dance programs in the same event.
Athletes can compete for one cheer program and a different dance program; two separate entry fees apply.
Athletes can compete on both a school team and an all-star team; two separate entry fees apply.

ENTERED DIVISIONS	ALLOWABLE CROSSOVERS IN SAME GENRE
DanceStars	Novice
Novice	Intermediate
Intermediate	Advanced

CHEERABILITY & DANCEABILITY CROSSOVERS

Please refer to ACU Crossover rules for Cheerability & Danceability teams.

CATEGORIES

OUT OF AGE POLICY
Teams can have ONE out of age athlete.

- If the athlete is within 1 year of the age group, there will be a 1-point deduction
- If the athlete is more than 1 year outside the age group, there will be a 3-point deduction

Only one out of age athlete permitted per team. If there are two or more, the team may compete as exhibition and not be eligible for awards. We offer CheerStars and DanceStars divisions which may be suitable for the team to transfer to. Teams must disclose any out of age athletes prior to the event, failure to do so may result in disqualification.
NOTE: Out of age athletes are not permitted in IASF divisions or teams competing for Worlds bids.

OVERLAPPING PERFORMANCES
Aussie Gold will try to avoid overlapping performances for teams with crossovers. However, it's the responsibility of each program to check the draft workorder and notify us of any clashes before the cutoff date. Where we are not notified, we cannot guarantee changes will be made after the cutoff date.

ADDING, DELETING OR COMBINING DIVISIONS
To maintain a competitive atmosphere, Aussie Gold reserves the right to add, delete or combine divisions based on registrations.

SPLITTING CHEER & DANCE DIVISIONS
Once a division reaches 10 teams, the division will be split. The structure of the split will be at the discretion of Aussie Gold based on the most suitable split for the division and event.

ATHLETE AGE EXEMPTION – INCLUSION PROVISION

Aussie Gold is committed to supporting inclusive participation across all events. In exceptional circumstances, athletes with a disability may be permitted to compete in an age division up to one (1) year below their eligible age group. This provision is designed to support athletes in clubs that do not offer DanceAbility/CheerAbility programs, or where an appropriate team placement is not available.

All requests must be submitted in writing by the club and include relevant supporting documentation (e.g. medical or specialist reports) for review prior to the event. Approval is granted at the sole discretion of Aussie Gold and must be obtained for each competition season. This provision aims to balance inclusion while maintaining fair and safe competition standards.

CHEERSTARS & DANCESTARS
Please follow the links below for CheerStars and DanceStars Age Grid, Divisions, Levels, Rules and Skill list.

At Aussie Gold the minimum athlete deductions apply, regardless of any additional payment.

Team Size:
5+ Team Members (any gender)
***No deductions will be given if you compete with 4, as long as you have registered and paid for five members.*

CHEERSTARS INFORMATION PACK 2026

DANCE STARS INFORMATION PACK 2026

CATEGORIES

CHEER AGE GRID, DIVISION AND LEVELS

Aussie Gold have aligned with AASCF scoring and rules, including age grid to create a more consistent, streamlined experience for gyms and athletes across the different event providers.

DIVISION	YEARS OF BIRTH	AGE	GENDER	NO.IN SQUAD	LEVEL
TINY NOVICE	2022-2020	4-6 yrs	N/A	5-38 members	NOVICE
TINY	2021-2020	5-6yrs	N/A	5-38 members	1
MINI NOVICE	2022-2017	4-9 yrs	N/A	5-38 members	NOVICE
MINI	2021-2017	5-9 yrs	N/A	5-38 members	1, 2
YOUTH NOVICE	2021-2014	5-12 yrs	N/A	5-38 members	NOVICE
YOUTH	2020-2014	6-12 yrs	N/A	5-38 members	1, 2, 3, 4
JUNIOR NOVICE	2019-2011	7-15 yrs	N/A	5-38 members	NOVICE
JUNIOR	2018-2011	8-15 yrs	N/A	5-38 members	1, 2, 3, 4
JUNIOR	2016-2010	10-16yrs	N/A	5-38 members	5, 6
SENIOR NOVICE	2016-2008	10-18 yrs	N/A	5-38 members	NOVICE
SENIOR	2015-2008	11-18 yrs	N/A	5-38 members	1, 2
SENIOR AG	2015-2008	11-18 yrs	All Girl	5-38 members	3, 4, 4.2, 5
SENIOR MIXED	2015-2008	11-18 yrs	1 or more males	5-38 members	3, 4, 4.2, 5
SENIOR AG	2013-2008	13-18 yrs	All Girl	5-38 members	6
SENIOR MIXED	2013-2008	13-18 yrs	1 or more males	5-38 members	6
OPEN	2012 or earlier	14 yrs+	N/A	5-38 members	1, lNT,2, 2NT
OPEN AG	2012 or earlier	14yrs+	All Girl	5-38 members	3, 4, 4.2, 5, 6
OPEN MIXED	2012 or earlier	14 yrs+	1 or more males	5-38 members	3, 4, 4.2, 5, 6
OPEN AG	2012 or earlier	14 yrs+	All Girl	5-38 members	3NT, 4NT,5NT, 6NT
OPEN MIXED	2012 or earlier	14yrs+	1 or more males	5-38 members	3NT, 4NT, 5NT, 6NT
OPEN AG/ MIXED	2010 or earlier	16yrs+	N/A	5-38 members	7, 7NT
ADULT	2008 or earlier	18 yrs+	N/A	5-38 members	7NT, 2NT
SCHOLASTIC: PRIMARY SCHOOL	N/A	Foundation to Year 6	N/A	5-38 members	NOVICE, 1, 1NT, 2
SCHOLASTIC: HIGH SCHOOL	N/A	Year 7 to 12	N/A	5-38 members	NOVICE, 7, 7NT, 2, 3
CHEERABILITY (INDEPENDENT)	All Ages	All Ages	N/A	5-38 members	1, 2, 3, 4
CHEERABILITY (UNIFIED)	All Ages	All Ages	N/A	5-38 members	1, 2, 3, 4
UNIVERSITY	REGISTERED STUDENT	N/A	All Girl	6-38 members	1/2 NT
UNIVERSITY MIXED	REGISTERED STUDENT	N/A	1 or more males	6-38 members	1/2 NT
UNIVERSITY	REGISTERED STUDENT	N/A	All Girl	6-38 members	3/4
UNIVERSITY MIXED	REGISTERED STUDENT	N/A	1 or more males	6-38 members	3/4

CATEGORIES

IASF CHEER DIVISIONS

Ages are set as at the year of the competition, being 2027. An athlete is eligible if they have been that age at any point in 2027.

Any team seeking a Worlds bid must conform to the 2026-2027 IASF Age Grid.

The maximum number of males on a mixed team must not exceed 2/3 of the total athletes on the team.

DIVISION	YEARS OF BIRTH	AGE	GENDER	# IN SQUAD	LEVEL
IASF Ul8 AG (SENIOR AG)	2008-2013	14-18 years	All Girl	16-24 members	5
IASF Ul8 MIXED (SENIOR MIXED)	2008-2013	14-78 years	1-4 males	76-24 members	5
IASF Ul8 AG NT (SENIOR AG)	2008-2013	14-18 years	All Girl	16-30 members	6.0 (NT]
IASF U18 MIXED NT (SENIOR MIXED)	2008-2013	14-18 years	1-20 males	16-30 members	6.0 (NT]
IASF OPEN AG	2011or earlier	16yrs +	All Girl	16-24 members	5,6
IASF OPEN SMALL MIXED	2011 or earlier	16yrs +	1-4 males	16-24 members	5,6
IASF OPEN LARGE MIXED	2011 or earlier	16yrs +	5-16 males	16-24 members	5,6
IASF OPEN AG NT	2011or earlier	16yrs >	All Girl	16-30 members	6.0 (NT)
IA5F OPEN MIXED NT	2011 or earlier	16yrs +	1-20 males	16-30 members	6.0 (NT)
IASFOPENAG	2010 or earlier	17yrs +	All Girl	16-24 members	7
IASF OPEN SMALL MIXED	2010 or earlier	17yrs +	1-4 males	16-24 members	7
IASF OPEN LARGE MIXED	2010 or earlier	17yrs +	5-16 males	16-24 members	7
IASF OPEN AG NT	2010 or earlier	17yrs ➔	All Girl	16-30 members	7.0(NT)
IASF OPEN MIXED NT	2010 or earlier	17yrs +	1-20 males	16-30 members	7.0(NT)

PARTNER STUNT AGE GRID, DIVISIONS & LEVELS

DIVISION	YEARS OF BIRTH	AGE	GENDER	# IN SQUAD	LEVEL
SENIOR PS	2015-2008	11-18 yrs	N/A	2 members	3,4,5
SENIOR PS	2013-2008	13-18 yrs	N/A	2 members	6
OPEN PS	2012 or earlier	14 yrs & older	N/A	2 members	3,4,5,6
OPEN PS	2009 or earlier	16 yrs & older	N/A	2 members	7

DANCE DOUBLES AGE GRID, DIVISIONS AND LEVELS

DIVISION	YEARS OF BIRTH	AGE	TEAM SIZE	STYLES
OPEN	2012 or earlier	14 yrs & older	2 Dancers	HH, P

CATEGORIES

DANCE AGE GRID & DIVISIONS

Aussie Gold have aligned with AASCF scoring and rules, including Age Grid to create a more consistent, streamlined experience for gyms and athletes across the different event providers.

DIVISION	YEARS OF BIRTH	AGE	NO.IN SQUAD	STYLES
TINY NOVICE	2020 or later	6 yrs & younger	5-30 dancers	J, HH, P, L/C
TINY - INTERMEDIATE & ADVANCED	2022-2020	4-6 yrs	5-30 dancers	J, HH, P, L/C
MINI NOVICE	2017 or later	9 yrs & younger	5-30 dancers	J, HH, P, L/C
MINI - INTERMEDIATE & ADVANCED	2021-2017	5-9 yrs	5-30 dancers	J, HH, P, L/C
YOUTH NOVICE	2014 or later	12 yrs & younger	5-30 dancers	J, HH, P, L/C
YOUTH - INTERMEDIATE & ADVANCED	2020-2014	6-12 yrs	5-30 dancers	J, HH, P, L/C
JUNIOR NOVICE	2010 or later	16yrs & younger	5-30 dancers	J, HH, P, L/C
JUNIOR - INTERMEDIATE & ADVANCED	2018-2010	8-16 yrs	5-30 dancers	J, HH, P, L/C
SENIOR NOVICE	2008 or later	18yrs & younger	5-30 dancers	J, HH, P, L/C
SENIOR - INTERMEDIATE & ADVANCED	2015-2008	11-18 yrs	5-30 dancers	J, HH, P, L/C
OPEN NOVICE	2012 or earlier	14 yrs+	5-30 dancers	J, HH, P, L/C
OPEN AG - INTERMEDIATE & ADVANCED	2012 or earlier	14 yrs+	5-30 dancers	J, HH, P, L/C
OPEN MIXED - INTERMEDIATE & ADVANCED	2012 or earlier	14 yrs+	5-30 dancers	J, HH, P, L/C
ADULT NOVICE	2008 or earlier	18 yrs & older	5-30 dancers	J, HH, P, L/C
ADULT- INTERMEDIATE & ADVANCED	2008 or earlier	18 yrs & older	5-30 dancers	J, HH, P, L/C
DANCEABILITY (INDEPENDENT)	N/A	N/A	5-30 dancers	J, HH, P, L/C
DANCEABILITY {UNIFIED)	N/A	N/A	5-30 dancers	J, HH, P, L/C
SCHOLASTIC: PRIMARY SCHOOL	N/A	Foundation to Year 6	5-30 dancers	J, HH, P, L/C
SCHOLASTIC: HIGH SCHOOL	N/A	Year 7 to 12	5-30 dancers	J, HH, P, L/C
UNIVERSITY	N/A	Registered Uni Student	5-24dancers	J, HH, P, L/C

IASF DANCE DIVISIONS

Ages are set as at the year of the competition, being 2027. An athlete is eligible if they have been that age at any point in 2027.

Any team seeking a Worlds bid must conform to the 2026-2027 IASF Age Grid.

DIVISON	YEARS OF BIRTH	AGE	GENDER	NO. IN SQUAD	STYLES
IASF Ul6 (JUNIOR)	2010-2015	12-16 yrs	N/A	6-30 members (Large)	J, HH, P
IASF OPEN AG	2011 or earlier	16yrs +	All Girl	6-30 members (Large)	J, HH, P
IASF OPEN MIXED	2011 or earlier	16yrs +	1 or more males	6-30 members (Large)	J, HH, P
IASF OPEN OPEN	2011 or earlier	16yrs +	N/A	6-30 members (Large)	L/C

EVENT DAY

SUBSTITUTION – ON EVENT DAY

If a team is missing a member, a gym can replace that athlete with another performer from the same gym. A replacement is someone not originally on the team's registration, this replacement is typically due to illness or injury. The entry fee from the withdrawing athlete will be transferred to the replacement athlete.

If the replacement athlete doesn't meet the age requirements for the division (including a coach), the team can still perform, and the "Out of Age Policy" will apply.

The replacement athlete must declare their out-of-age status at warm-up check-in. Crossover rules apply.

All safety and level rules must be followed for the team, regardless of the age of the performers.

Note: Out-of-age athletes are not allowed in IASF divisions or teams competing for Worlds Bids.

DIVISION CHANGES – ON EVENT DAY

If a team size has changed and they are entered into a division which has been split, causing the team to move to the alternate division, the following will apply:

- If the division hasn't started yet, the team will be moved to the correct division with no deduction
- If the division has already been held or started, the team will stay in the original division with no deduction
- Where a team no longer meets the minimum athlete rule, the relevant deduction will apply

From a judging perspective, teams with fewer athletes than required will be scored as if they meet the minimum and will not be eligible for bids.

PERFORMANCE INTERRUPTION

If a team's routine is interrupted due to equipment failure, the coach may stop the routine and request to restart.

If a team's routine is interrupted due to Injury they may stop and follow the below guidelines.

If the team continues without music, judges will still evaluate the performance, the routine cannot be repeated.

INJURY

Only the following can stop a routine for injury:

1. Competition Officials
2. Gym Owner/Coach of the team
3. Injured Athlete
4. IASF Certified Safety Judge

A routine may be interrupted if:

1. An athlete is clearly injured.
2. An athlete is hurt but doesn't resume within 5 seconds.
3. An athlete leaves the floor during the routine.

EVENT DAY

RETURNING TO COMPETITION

An injured athlete cannot return unless cleared by:
1. Event Medical Personnel
2. Parent/Guardian (if present)
3. Head Coach/Gym Owner

If a head injury is suspected, the athlete cannot return without clearance from a licensed medical professional.

TEAM PERFORMANCE "RE-DO"

The Coach or Club Official has 5 minutes to decide if the team wants to perform again and must notify the Head Judge.

If the routine is interrupted by injury, the team may perform again at the next available changeover or end of the session. Times will be offered by the Head Judge or Event Manager.

They must perform the routine in full, but judging will resume from the point of interruption. Any previous point deductions will carry over.

If the team does not perform the routine fully (e.g., marking skills instead of full stunts), the routine will be judged from the point where the lower-level skills start, in its entirety.

ENTRANCE & EXIT TO THE FLOOR

Teams should enter and exit the floor quickly. Excessive entrances (introductions, spell-outs, shimmying etc.) are considered part of the routine and timed as such. There should be no excessive exits or activities after the routine ends. Tumbling during entrance or exit is not allowed.

MUSIC

All teams must have a designated coach or team representative to attend warm-up and play their music at the sound desk when the team performs. The Coach/Official must be at the sound desk once the team is marshalled (one routine before performance).

Music requirements:
- Provide audio on a device (iPod/iPad, etc.).
- Ensure device is fully charged, in flight mode, and volume at 100%.
- Use a separate playlist
- The team representative must push 'play' and stay at the sound desk throughout the routine
- Ensure to have a backup on another device
- The Coach/Official will control when to start the music

AUDIO CONTROL
- The event will provide a cable to connect the device to the mixer. The event's audio operator will manage the sound levels.
- The Coach or Team Official will maintain control over the device by pushing play when the team is ready

These guidelines are essential to ensure the audio plays without interruptions and the team's performance goes smoothly.

EVENT DAY

WARM-UP

Teams must arrive at their scheduled check-in time for warm-up. Entry prior to this time is not permitted.

Teams that arrive late will forfeit warm-up time. If a team does not arrive before the final warm-up station, they will be removed from the performance schedule.

Failure to follow event directions may result in an unsportsmanlike conduct deduction.

CHEER WARM-UP EXAMPLE:

Station 1: 2-3 mats, 4 minutes
Station 2: 2-3 mats, 4 minutes
Station 3: Sprung tumble strip, 4 minutes
Station 4: 9 non-sprung mats, 4 minutes

DANCE WARM-UP EXAMPLE:

Station 1: General stretch area, 4 minutes
Station 2: 12m x 12m marked area, 4 minutes
Station 3: Black harlequin dance floor, 10 strips

Note: Times include walking to the next station, so move quickly to maximise practice time. Teams will marshal approximately 10 minutes before their performance.

CHEER COMPETITION AREA

Cheer teams will compete on a 9-strip sprung floor, 13m (length) x 16m (width).

Cheer Floor Boundary:

- The competition boundary is defined by the sprung floor and carpet bonded foam panels
- Teams may line up anywhere inside the competition boundary
- All skills must begin and end within the boundary. No skills or transitions are allowed outside it
- If a participant unintentionally steps outside, they must return immediately

DANCE COMPETITION AREA

- Dance teams will compete on a 10-strip, 12m x 15m floor.

EVENT DAY

SIDELINE COACHING

TINY NOVICE, TINY CHEERSTARS/DANCESTARS, MINI NOVICE, MINI CHEERSTARS/DANCESTARS

- Positioning: Coaches may place athletes on the performance floor and provide guidance from the two front corners. Aussie Gold X mats will be positioned for convenience. Coaches must remain kneeling and must not stand directly in front of the performance floor, as this may distract the judges.
- Props: Sideline coaches are allowed to use props to help prompt athletes, but no props or visual aids are allowed on the performance surface to assist with formations or positions
- Time Limits: Coaches must ensure that athletes are placed on and off the floor within the 30-second time allocation. Exceeding this time will result in a Time Limit Violation deduction.

CHEERABILITY AND DANCEABILITY

- Placement and Signaling: Coaches may place athletes on the performance floor, and up to 3 coaches/assistants can signal from the front of the mat, they must not obstruct the view of the judges.
- Additional Assistants: There is no limit to the number of assistants who can be positioned around the perimeter of the floor, but they must remain in a squat position to avoid obstructing the view of the performance
- Props: Sideline coaches are allowed to use props to help prompt athletes, but no props or visual aids are allowed on the performance surface to assist with formations or positions

FOR ALL OTHER DIVISIONS (TINY & ABOVE)

- Coaches must remain in the designated Coaches Area and are not allowed to give performance cues to teams during the performance
- Disruptive Behaviour: Any disruptive or distracting behaviour towards the judging panel may result in a deduction

SCORING & RULES

Please use the below links for scoring and rules information, this information can also be found on our website https://www.aussiegoldchamps.com.au/scoring-rules/+

CHEER

AASCF CHEER IMAGE POLICY
AASCF CHEER GENERAL SCORING
AASCF SCORING RUBRIC
AASCF SKILLS LIST
CHEERSTARS RULES
CHEERSTARS SKILL LIST
AASCF NOVICE CHEER RULES
IASF CHEER RULES OVERVIEW
IASF CHEER LEGALITY RULES
AASCF CHEER DEDUCTION SYSTEM
ACU CHEERABILITY SCORING RUBRIC
ACU CHEERABILITY & DANCEABILITY GENERAL SCORING
AASCF UNIVERSITY CHEER RULES & SCORING
AASCF PARTNER STUNT SCORING BREAKDOWN

DANCE

AASCF DANCE IMAGE POLICY
AASCF DANCE GENERAL SCORING
AASCF NOVICE AND INTERMEDIATE DANCE RULES (TINY, MINI, YOUTH)
AASCF NOVICE AND INTERMEDIATE DANCE RULES (JUNIOR, SENIOR, OPEN)
AASCF DANCE DEDUCTION SYSTEM
AASCF UNIVERSITY DANCE RULES
ACU CHEERABILITY & DANCEABILITY GENERAL SCORING
AASCF DANCE DUO SCORING BREAKDOWN
DANCESTARS SCORING
IASF DANCE RULES
IASF DANCE GLOSSARY
IASF GENRE SCORE SHEET

FOR IASF RULE CLARIFICATIONS, PLEASE EMAIL:
Cheer: cheer.rules@iasfworlds.com
Dance: dance.rules@iasfworlds.com
Be sure to forward a copy of your reply to judge@aussiegoldchamps.com.au.

RULE CLARIFICATION:
For all other divisions including CheerStars/DanceStars & Novice rule clarifications, email judge@aussiegoldchamps.com.au.

IASF DIVISIONS SCORECARD

All IASF worlds divisions will be scored on the IASF score card. All non-worlds divisions will be scored on the AASCF score card.

SCORING & RULES

SAFETY SCORE REVIEW

Coaches may review safety deductions immediately after their performance. Safety deduction scoresheets will be sent via the Hit Zero portal, starting a 20-minute review window.
If a coach wishes to contest a deduction, a "Challenge" must be submitted through the portal within this time. After 20 minutes, the scoresheet is no longer eligible for review.

The Scoring Official will review the full routine. Any additional legalities or deductions identified during this review may also be applied. Coaches will receive a text message with the outcome:

- Approved – points removed OR changed to a warning
- Denied – deduction stands (with explanation)

DIFFICULTY RANGE REVIEW (CHEER ONLY)

Following each performance, difficulty ranges will be sent via Hit Zero for the following categories:

- Stunt Difficulty
- Stunt Quantity
- Pyramid Difficulty
- Pyramid Quantity
- Tumble Difficulty
- Toss Quantity

A 20-minute review window begins once the ranges are sent. Coaches may submit a "Challenge" within this time to request a review.
The Scoring Official will assess the contested item, and coaches will receive a text message with the outcome:

- Approved – range adjusted
- Denied – range stands (with explanation)

After 20 minutes, ranges are no longer eligible for review.
Please note: Messages are sent individually, and timing applies from when each message is delivered.

INTERPRETATIONS & RULINGS

The Rules Committee (Event Manager, Head Judge, and Scoring Official) will interpret rules and make decisions in line with the intent and spirit of the championship.

FINALITY OF DECISIONS

By participating, teams acknowledge that judges' decisions are final. Results may only be clarified, not formally challenged, and teams waive any legal or procedural review.

SCORING & RULES

TIEBREAKER

Cheer

- The team with the fewest safety deductions ranks higher
- The scores for Building, Tumbling and Overall are compared between the tied teams. The team with the higher score in most of these three areas ranks higher
- The team with the higher tumbling and building execution scores ranks higher

Dance

- The team with the higher dance-specific difficulty/execution score ranks higher

If a placing cannot be split, Aussie Gold will award a joint placing and continue with the next placing. For example, if two teams tie for 1st place, both teams will receive 1st place and the next placing awarded will be 2nd place.

DEDUCTIONS & DISQUALIFICATION
Any violation of AASCF, ACU, IASF, or Aussie Gold Event Information Pack rules will result in a deduction per violation.

Teams may be disqualified and forfeit awards if they:

1. Do not follow the AASCF, ACU, IASF Scoring & Rules, or the Aussie Gold Event Information Pack
2. Submit inaccurate rosters
3. Breach crossover regulations

Post-event investigations may occur within 48 hours of the competition.

AWARDS & BIDS

NEW AWARDS FOR 2026

CHEER
PYRAMID SHOWSTOPPER
DANCE BREAK SHOWSTOPPER
JUMPS SHOWSTOPPER
TUMBLE SHOWSTOPPER
PERFORMANCE EXCELLENCE

DANCE
HIP HOP SHOWSTOPPER
JAZZ SHOWSTOPPER
POM SHOWSTOPPER
CONTEMPORARY / LYRICAL SHOWSTOPPER
PERFORMANCE EXCELLENCE

These awards are not based on scorecard results. They are chosen by the judges based on the subjective, emotional connection and impact a performance creates. Presented on behalf of the judging panel, these awards recognise teams who leave a lasting impression and create memorable moments on the floor.

AWARDS & BIDS

AWARDS

Depending on the event size, awards may be held in a separate hall or after each session in the main arena. This will be confirmed in the final information bulletin for each event.

PARTICIPATION ACCOLADES

All athletes will receive participation accolades at Aussie Gold Events.

AWARD ACCOLADES

- 1st, 2nd, 3rd, 4th & 5th place medals will be awarded in each division
- 1st, 2nd & 3rd Team Awards given on day of event

GRAND CHAMPIONS

- At least two teams must be entered in the division to be eligible for Grand Champion
- All Grand Champion Athletes will receive an Aussie Gold Grand Champion Sash
- Grand Champion apparel will be available to purchase at each event

Grand Champion Divisions CHEER	Grand Champion Divisions DANCE
CheerStars All Levels	DanceStars Hip Hop
Novice	DanceStars Pom
Level 1	DanceStars Contemporary / Lyrical
Level 2	DanceStars Jazz
Level 3	Novice Dance Hip Hop
Level 4	Novice Pom
Level 4.2	Novice Contemporary / Lyrical
Level 5	Novice Dance Jazz
Level 6	Intermediate Hip Hop
Level 7	Intermediate Pom
IASF - All levels on IASF Score Card	Intermediate Contemporary / Lyrical
IASF - Non Tumble All Levels on IASF Score Card	Intermediate Jazz
Non Tumble All levels	Advanced / IASF Hip Hop
University All levels	Advanced / IASF Pom
Scholastic All Levels	Advanced / IASF Contemporary / Lyrical
Cheerability All Levels	Advanced / IASF Jazz
	University All Genre
	Scholastic All Genre
	Danceability All Genre

PAN PACIFIC CUP ULTIMATE GRAND CHAMPION

The overall highest scoring cheer and dance team will win the Ultimate Golden Cup.

TEAMS WHO HIT ZERO

Athletes will receive an Aussie Gold Hit Zero badge if their team "Hits Zero".

RESULTS

Will be available in your “Hit Zero” portal within 24 hours of the event finishing.

AWARDS & BIDS

BIDS

Aussie Gold Cheer & Dance will be awarding the following bids in 2025.
Bids must be used in following year they are earned and cannot be carried over to the next year.

EVENT:	BID TO:
Aussie Gold NSW, SA, VIC, WA State Championships	Cheersports NZ – Cheer Factor
Pan Pacific Cup International Championships	The Cheerleading & Dance Worlds & MDDTJ Dance Drill Spring Festival (Dance only, Japan)
Aussie Gold National Championships	The Summit, The Youth Summit, The Dance Summit

CHEERSPORTS NZ – CHEER FACTOR

Cheerfactor is located just across the ditch in New Zealand!
An event like no other, with high-quality production and a supportive event team, delivering you and your athletes an outstanding competition experience, just a short flight from home.

2027 DATES – September 25/26

THE CHEERLEADING & DANCE WORLDS

Each year the USASF and IASF event producers sponsor teams to compete for championship titles in various top cheerleading divisions & dance genres. Competing at Worlds is a prestigious honour, showcasing the skill, athleticism, and passion of All Star cheer & dance athletes.

- Partial Paid Bids grant your team the right to compete at Worlds and provide a financial contribution towards registration.
- At Large Bids grant your team the right to compete at Worlds, however teams must cover all other expenses.

2027 DATES - April 23-26

MDDTJ DANCE DRILL SPRING CARNIVAL (DANCE ONLY – JAPAN)

A prestigious, high-level dance competition, held annually across Japan offering Jazz, Hip Hop, Pom and Open style divisions. A new and exciting opportunity for our Australian dancers to experience Japan's dance culture.

2027 DATES – March 6th-7th Tokyo & March 20th Osaka

THE SUMMIT, THE YOUTH SUMMIT & THE DANCE SUMMIT

The Summit and Dance Summit are the largest non-Worlds competitions in the US, offering non-Worlds cheer and dance teams the chance to prove they are the best.
The Summit will be held in Orlando, Florida.
Note: Teams wishing to compete internationally must ensure their athletes meet the age and division requirements of the competition.

2027 DATES - May 1-4

SAFETY, POLICIES & RULES

ATHLETE SAFETY

- All athletes must be supervised during official functions by a director/coach. Cheer coaches must be certified at the level of the team(s) they have entered
- Coaches must ensure proficiency before skill progression, considering the athlete, group, and team skill levels when placing them for proper performance
- Athletes and coaches must not be under the influence of alcohol, narcotics, performance-enhancing substances, or over-the-counter medications that could hinder their ability to safely supervise or perform during practices or competitions
- Technical skills (stunts, pyramids, tosses, or tumbling) must not be performed on concrete, asphalt, wet or uneven surfaces, or surfaces with obstructions
- Athletes must have no edible or non-edible items in their mouth during practice or performance

FIRST AID

- Medical professionals will be present at each event to assist in the event of an injury
- The location of first aid services will be provided in the Final Info Bulletin for each event
- All Gym Owners, Coaches, and Team Officials are advised to have an emergency response plan in place for any potential injuries
- It is crucial for all parties involved to know the location of the first aid station

SAFE ENVIRONMENT

Our goal is to provide a safe environment for all athletes, officials, staff, and spectators.
We have a zero-tolerance policy for intimidating or threatening behaviour, including snickering, pointing, laughing, or swearing. Severe unsportsmanlike conduct may lead to disqualification, as determined by the Event Manager. If anyone feels intimidated or threatened, they are encouraged to request staff intervention.

Gym Owners are asked to share this information with all attendees to always ensure safe behaviour.

SPORTSMANSHIP & BEHAVIOUR

Sportsmanship is essential for all participants. Everyone must conduct themselves with respect and positivity throughout the competition, including entering and exiting the performance area and during the routine.

The Coach/Manager is responsible for ensuring that team members, coaches, parents, and affiliates display good sportsmanship. Excessive boasting, delays, poor sportsmanship, or unprofessional behaviour may result in penalties. Severe cases may lead to disqualification, as determined by the Event Manager.

Any unsportsmanlike like complaints should be directed to the Event Manager for resolution.

TEAM AGE COMPOSITION

Aussie Gold Cheer & Dance acknowledges the challenges that come with fielding teams with a broad age range. To ensure safety and fairness, we highly recommend that gyms and programs remain vigilant in monitoring the age diversity within their teams.

Team Composition:
Whenever possible, teams should be composed of athletes within similar age ranges. This helps ensure that the participants are physically and mentally aligned, reducing the risk of injury and ensuring fair competition.

Aussie Gold recommends that all athletes 18 years or older to hold a WWCC.

SAFETY, POLICIES & RULES

PROPS

IASF Approval: Any props intended for use during performances must receive prior approval from the International All Star Federation (IASF).

Submission Process:

- The approval from IASF must be sent to judge@aussiegoldchamps.com.au before the event
- Both the prop and the approval email from IASF must be presented to the Aussie Gold Scoring Official, who can be found at the Judges Table, before the team performs

Consistency: The prop used during the performance must be identical to the one that received approval in the email from IASF.

By following this process, teams ensure that their props are compliant with the event's standards and help avoid potential issues during performances.

CHEER ROUTINE SPOTTERS

Routine spotters are individuals provided by the performing team as a safety precaution during the routine. Aussie Gold Cheer & Dance will NOT be providing routine spotters, so it is the team's responsibility to supply them. Teams are allowed to provide up to 4 spotters for each team performance and 1 for Partner Stunt. It is up to the coach's discretion how many spotters, if any, will be used for teams.

Role: Spotters may only be used for stunts, pyramids, and basket tosses. They must remain at the back of the performance area at all other times and should not act in a way that distracts from the athletes or their performance.

Purpose: Spotters are there to catch falls and assist in preventing injuries in case of mistakes during the performance.

Limitations: Spotters cannot touch, assist, or save a skill in progress. Any attempt to help will result in a "building fall" deduction. Spotting of tumbling is strictly prohibited.

All Safety Spotter Requirements:

- The spotter must wear a distinguishable colour, typically black athletic wear. They should adhere to the same rules on jewellery, clothing, and shoes as the performers
- They cannot verbally coach the performing athletes during the routine and should not engage in any excessive behaviour before, during, or after the performance
- Spotters must be at least 16 years old
- Spotters should be trained in proper spotting techniques
- They should be familiar with the skills of the performing team

Partner Stunt Safety Spotter Requirements:

- Spotters may not assist with mounting, transitioning, or dismounting unless: The spotter's hand/arm must support the head and shoulder area during cradles from stunts at prep level or above.
- The spotter cannot assist with initiating a dismount (e.g., the pop for a cradle).
- The spotter must position themselves according to the IASF glossary for "Spotter."

NOTE: Touching the skill will result in a point deduction. Spotters should be present for safety but should not interfere unless there is a fall. To ensure the safest competitive environment, teams should refrain from attempting skills that are beyond their ability level.

SAFETY, POLICIES & RULES

IMAGE

2026 AASCF CHEER IMAGE POLICY

2026 AASCF DANCE IMAGE POLICY

Judges reserve the right to issue warnings or deductions where the image policy hasn't been adhered to. See Cheer Deduction System for corresponding deductions.

ROUTINE TIME LIMITS

CHEER:

- All Star Cheer: 2 minutes 30 seconds
- Novice Cheer: 2 minutes 30 seconds
- CheerAbility: 2 minutes 30 seconds
- CheerStars: 2 minutes 30 seconds
- Non-Tumbling: 2 minutes
- Partner Stunt: 1 minute

There is no minimum music time requirement.

DANCE:

- DanceStars: Maximum 2 minutes 15 seconds / no minimum time limit
- Novice, Intermediate, Advanced/IASF : Maximum 2 minutes 15 seconds / Minimum 1 minute 45 seconds.
- Dance Duo: 1 minute 30 seconds

TIMER

Timing starts with the first movement, voice, or note of music, whichever comes first, and ends with the last movement, voice, or note of the music, whichever comes last.

Refer to the Deduction Systems for time penalties.

VIDEO & PHOTOGRAPHY

Personal Photography/Videography:

- Spectators are allowed to use personal hand-held cameras to take photos and videos of their own child, team, or club.
- Flash photography, telephoto lenses, and tripods are not permitted
- Please be considerate of other spectators and ensure that you remain seated during the performance

AUSSIE GOLD PROFESSIONAL PHOTOGRAPHY

Aussie Gold Cheer & Dance will have professional photographers and videographers capturing each team's performance. Gym owners will be provided with a password to share with parents and athletes, so they can access these photos and videos as a gift from Aussie Gold

SAFETY, POLICIES & RULES

USE OF PHOTOS AND VIDEOS

Aussie Gold Cheer & Dance reserves the right to use any photos or video footage taken at the event for publications and promotions

OPT-OUT PROCEDURE

Team Managers should notify the Event Producer in writing if there are any individuals who do not wish to have their images used in any publications or promotions. This policy ensures both privacy and the enjoyment of the event while maintaining the rights to use professional media for promotional purposes.

PROCESS FOR WITHDRAWALS AND CANCELLATIONS

All withdrawals and cancellations must be submitted in writing to info@aussiegoldchamps.com.au

REFUNDS

Individual withdrawal

- A refund, minus a 25% administration fee, will be provided for individual withdrawals supported by a valid medical certificate
- A full refund will be issued for Individuals who withdraw on or before the event closing date
- Any withdrawals that are not supported by a medical certificate or on or before the closing date result in full forfeiture of all money paid

Team cancellation

- A full refund will be issued for team cancellations made on or before the event closing date
- Post-Closing Date Cancellations: Team cancellations received after the event closing date will result in a full forfeiture of all monies paid

REFUND PROCESSING

Refunds (or credits) will be processed no later than 14 days post event

DISCLAIMER

Aussie Gold reserves the right to make changes to this information pack throughout the season. Any updates will be communicated via email by the Aussie Gold team.

For any questions or additional information regarding our events, please contact us at:
Email: events@aussiegoldchamps.com.au